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Finished Bracelet

This bracelet consists of:

- 3 crochet poppy flowers
- 9 crochet leaves (3 leaf clusters)
- A crochet chain foundation
- Decorative bead-like crochet ends
- Adjustable sliding knot closure
- Repeatable design unit that can be expanded or reduced

The sample bracelet shown contains 3 poppies and 9 leaves, but the length can be adjusted by repeating or removing design units.

Materials

Yarn

Use any of the following:

- Red embroidery floss or crochet cotton for the poppies
- Green embroidery floss or crochet cotton for the leaves and chain
- Black embroidery floss or crochet cotton for the flower centers

Size 3 crochet cotton works well.

Hook

- 1.25 mm crochet hook
- Or a similar steel crochet hook suitable for your thread

Additional Supplies

- Small scissors
- Yarn needle for weaving in ends

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Crochet Abbreviations (US Terms)

Abbreviation	Meaning
MR	Magic Ring
ch	Chain
sl st	Slip Stitch
sc	Single Crochet
hdc	Half Double Crochet
dc	Double Crochet
tr	Treble Crochet
inc	Increase
dec	Decrease

Understanding the Bracelet Structure

Before beginning, it helps to understand how the bracelet is built.

Each decorative unit contains:

- 1 Poppy Flower
- 3 Leaves
- Chain spaces connecting the motifs

The bracelet follows this sequence:

Leaf Cluster → Poppy → Leaf Cluster → Poppy → Leaf Cluster → Poppy

Everything is worked onto a long chain foundation.

Step 1: Crochet the Poppy Flower

Each flower begins with a black center and red petals.

Make 3 flowers.

Round 1 – Black Center

1. Create a Magic Ring (MR).
2. Work 8 sc into the ring.
3. Pull the ring closed tightly.

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4. Join with a sl st to the first sc.
5. Fasten off black yarn.

You should now have a small circular center.

Round 2 – Petal Foundation

Join red yarn.

1. Ch 3.
2. Work 1 dc into the same stitch.
3. Ch 2.
4. Skip next stitch.
5. In the following stitch work:
 - 2 dc
 - Ch 2

Repeat around the flower.

Join with a sl st.

You should now have evenly spaced chain spaces around the center.

Round 3 – Form the Poppy Petals

Work into each chain space around.

In each chain space crochet:

- sc
- hdc
- 2 dc
- hdc
- sc

This creates one rounded petal.

Repeat in every chain space.

Join with a sl st.

Fasten off.

Your flower should resemble the circular poppy shown in the chart.

Step 2: Crochet the Leaves

Each design unit uses 3 leaves.

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The bracelet shown contains 9 leaves total.

Leaf Foundation

1. Ch 8.

Leaf Row

Starting in the second chain from the hook:

- sc
- hdc
- dc
- dc
- hdc
- sc
- sl st

Work around the opposite side of the chain.

- sc
- hdc
- dc
- dc
- hdc
- sc

Join at the base.

Fasten off leaving a tail for attachment.

Optional Vein Detail

Use a yarn needle and green thread.

Add a center vein and small angled side veins to mimic the diagram.

This decorative detail greatly improves the finished appearance.

Step 3: Create the Foundation Chain

Using green thread:

Chain a length that fits your wrist.

For the sample bracelet:

- Chain approximately 50–70 stitches.

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The exact length depends on:

- Wrist size
- Thread thickness
- Desired fit

Leave extra room because the bracelet includes an adjustable closure.

Step 4: Attach the First Leaf Cluster

Locate the position for the first cluster.

Attach 3 leaves together at their bases.

Arrange them:

- One leaf pointing upward
- One leaf pointing left
- One leaf pointing right

This matches the cluster diagram shown in the chart.

Sew securely onto the chain foundation.

Step 5: Attach the First Poppy

Leave a small chain gap after the leaf cluster.

Position the first poppy.

Using the tails left from the flower:

- Stitch through the center of the flower
- Secure tightly to the chain

The flower should sit flat.

Step 6: Repeat the Decorative Unit

Continue working along the chain.

Attach:

1. Leaf Cluster
2. Poppy
3. Leaf Cluster
4. Poppy

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Continue until you have:

- 3 poppies total
- 3 leaf clusters total

The sample bracelet contains:

Unit 1

- Leaf Cluster
- Poppy

Unit 2

- Leaf Cluster
- Poppy

Unit 3

- Leaf Cluster
- Poppy

Keep spacing even for a balanced appearance.

Step 7: Create Decorative End Beads

The chart shows crochet bead-like ends.

Make one bead at each end.

Round 1

Create a Magic Ring.

Work:

- 8 sc into MR

Join with sl st.

Round 2

Increase around:

- 2 sc in each stitch

Total: 16 stitches.

Round 3

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Work:

- sc around

Round 4

Decrease around until opening closes.

Fasten off.

Attach one bead to each bracelet end.

Step 8: Create the Adjustable Sliding Knot

The chart uses a sliding knot closure.

Cross the two bracelet ends.

They should overlap approximately 1–2 inches.

Using separate thread:

1. Wrap around both bracelet strands.
2. Crochet or knot around them several times.
3. Secure tightly.
4. Weave in ends.

Important:

Do not tighten around the bracelet strands permanently.

The wrapped section must slide freely.

Test by pulling both bracelet ends.

The bracelet should:

- Tighten when pulled
- Loosen when released

Step 9: Final Assembly ✨

Check all attachment points.

Make sure:

- Flowers lie flat
- Leaves are evenly positioned
- Sliding knot moves smoothly

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- Beads are secure

Weave in all remaining ends.

Trim excess thread carefully.

Adjusting Bracelet Length

To make the bracelet longer:

Add another repeat unit:

- 1 Leaf Cluster
- 1 Poppy

To make it shorter:

Remove one repeat unit.

Because the bracelet uses an adjustable closure, minor sizing differences are easily accommodated.

Suggested Color Combinations

Classic Poppy

- Black center
- Red petals
- Green leaves

Wildflower Version

- Brown center
- Orange petals
- Olive leaves

Romantic Version

- Black center
- Pink petals
- Sage leaves

Elegant Version

- Black center
- Burgundy petals
- Dark green leaves

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Finishing Tips

- Block flowers lightly for perfect shape.
- Use starch if you want firmer petals.
- Keep flower spacing consistent.
- Secure all motifs with multiple stitches for durability.
- Embroidery floss creates a delicate jewelry-like appearance similar to the chart.

Pattern Summary

For the sample bracelet:

- 3 Poppy Flowers
- 9 Leaves
- Green Foundation Chain
- 2 Crochet End Beads
- Adjustable Sliding Knot Closure

The repeating unit is:

Leaf Cluster → Poppy → Chain Space

Repeat this unit until the desired bracelet length is achieved.

Your finished bracelet will be a delicate botanical accessory featuring miniature crochet poppies and leaves with a fully adjustable fit. 🌸🌿✨