

# Quilted Patchwork Hoodie Pattern

## Skill Level

Intermediate to Advanced (patchwork + garment construction)

### QUILTED PATCHWORK HOODIE PATTERN & INSTRUCTIONS

(Measurements in cm)

**HOOD**  
Solid Hood  
28cm x 24cm

**HOOD TRIM** (Inner and Patchwork elements)  
2cm x 46cm

**HOOD TRIM**  
Quilted Lining  
2cm x 46cm

**PATCHWORK SLEEVES**  
Multi-color Patchwork  
22cm x 28cm

**PATCHWORK SLEEVES**  
Multi-color Patchwork  
18cm x 26cm

**PATCHWORK SLEEVES**  
Multi-color Patchwork  
18cm x 26cm

**SOLID CUFFS**  
Solid Cuff  
10cm x 11cm

**SOLID BODY**  
Solid Chest  
52cm x 34cm

**QUILTED POCKET**  
Multi-color Quilted Pocket  
24cm x 18cm

**QUILTED POCKET SECTIONS**

- 1- Red Scroll
- 2- Blue Paisley
- 3- Yellow Floral
- 4- Orange Stripe
- 5- Green Moss
- 6- Red Scroll
- 7- Yellow Paisley
- 8- Orange Stripe
- 5- Green Moss

**SLEEVE PATCHWORK SECTIONS**

- 1- Multi-color
- 2- Patchwork
- 3- Yellow Floral
- 4- Orange Stripe
- 5- Green Moss
- 6- Green Moss
- 7- Navy

**WAIST CORD CHANNEL** (hidden)  
Cord Channel  
2.5cm width

**CORD DETAIL**  
Solid black cord  
67cm x 1cm

**POCKET CONSTRUCTION DETAIL**

**SLEEVE PATCHWORK LAYOUT**

## MATERIALS NEEDED

- Solid Black Fabric (e.g., Sweatshirt Fleece)
- Assorted Quilted Fabric Scraps (Colorful Patterned)
- Coordinating Thread (Black, plus colorful threads for patchwork)
- Backing Fabric (optional for quilted sections)
- Interfacing (optional for support)
- 1 x 67cm Waistband Cord
- (Option: felt for eyes)

## SEWING TIPS

- Use 0.6cm Seam Allowance
- Raw Edge Applique Style - Frayed edges are intended for look and texture.
- Stitch close to patch edges to secure firmly.
- Add decorative black stitching to the waistband as shown.
- Reinforce pocket attachments with backstitching.
- For sleeves, join patchwork pieces together before attaching the solid chest piece.
- Double-check patch placement for balance.
- Tips for clean seam finishes.

## Finished Fit (Adjustable – Size M Reference)

- Chest width: ~52 cm
- Body length: ~60–65 cm
- Sleeve length: ~55–60 cm
- Hood size: 28 × 24 cm panels
- Waistband: fitted stretch or structured band

## Materials

- Main fabric (solid): sweatshirt fleece / cotton knit / denim
- Patchwork scraps: assorted cotton prints (minimum 20–30 pieces)
- Lining fabric (optional for hood/pocket)
- Batting (optional for quilted effect)
- Interfacing (lightweight for structure)
- Sewing thread (matching + contrasting for quilting)
- Drawstring cord (~70 cm)
- Safety pin (for inserting cord)
- Sewing machine + denim needle

## Seam Allowance

- Standard: **0.6 cm (¼ inch)**
- Add extra for quilting shrinkage if needed

# PART 1: PATTERN PIECES

### #1 Hood Panels (Cut 2)

- Size: 28 × 24 cm
- Slight curve at top
- Optional: cut lining duplicate

### #2 Hood Trim (Cut 1 strip)

- Size: 2 × 46 cm
- Can be patchwork or quilted

### #3 Front Body (Cut 1)

- Size: 52 × 34 cm
- Add neckline curve

#### **#4 Back Body (Cut 1)**

- Same width as front
- Slightly higher neckline

#### **#5 Quilted Pocket (Cut 2 mirrored)**

- Size: 24 × 18 cm
- Angled top edges

#### **#6 Sleeve Panels (Cut 2)**

Upper sleeve: 22 × 28 cm (patchwork)

Lower sleeve: 18 × 26 cm

#### **#7 Waistband (Cut 1)**

- Size: 52 × 12 cm

#### **#8 Sleeve Patchwork Blocks**

- Multiple small squares (6–10 cm each)
- Join before cutting sleeve shape

#### **#9 Cuffs (Cut 2)**

- Size: 10 × 11 cm

#### **#10 Cord Channel**

- Width: 2.5 cm strip inside waistband

## **PART 2: PATCHWORK PREPARATION**

### **Step 1: Arrange Fabric Scraps**

- Combine colors (contrast + harmony)
- Aim for balanced distribution

### **Step 2: Sew Blocks**

- Join small squares into panels
- Press seams flat

### **Step 3: Quilting (Optional)**

- Add batting behind patchwork
- Quilt using:
  - straight lines
  - grid pattern
  - diagonal stitching

## **PART 3: POCKET CONSTRUCTION**

1. Sew patchwork panel
2. Place lining (optional) right sides together
3. Stitch edges, turn inside out
4. Topstitch edges
5. Attach both pocket halves to front body
6. Sew center seam to join pocket

✓ Reinforce corners with backstitch

## **PART 4: SLEEVES**

1. Join patchwork pieces first
2. Cut sleeve shape from assembled panel
3. Sew upper and lower sleeve together
4. Fold sleeve in half
5. Stitch underarm seam

## **PART 5: HOOD CONSTRUCTION**

1. Sew hood panels together along curve
2. Attach hood trim to front edge
3. (Optional) Add lining and turn
4. Topstitch for structure

## **PART 6: BODY ASSEMBLY**

1. Join front and back at shoulders
2. Attach sleeves to armholes (flat method recommended)
3. Sew side seams + sleeve seams in one line

## **PART 7: ATTACH POCKET**

- Align center pocket
- Stitch along sides and bottom
- Reinforce stress points

## **PART 8: WAISTBAND & CORD**

1. Fold waistband in half lengthwise
2. Insert cord channel strip inside
3. Sew waistband to bottom edge
4. Leave small openings for cord exit
5. Insert cord using safety pin

## **PART 9: CUFFS**

1. Fold cuff pieces
2. Sew into rings
3. Attach to sleeve ends (slightly stretch while sewing)

## **PART 10: FINAL ASSEMBLY**

1. Attach hood to neckline
2. Align center and sew evenly
3. Topstitch neckline seam

## FINISHING DETAILS

- Add decorative stitching on seams
- Light fraying on patch edges (optional aesthetic)
- Press all seams carefully

## PRO TIPS

- Use thicker needle for denim/heavy fabrics
- Prewash fabrics to prevent shrinkage
- Keep patch sizes consistent before sewing
- Use walking foot for quilting layers
- Balance colors across sleeves for symmetry

## OPTIONAL CUSTOMIZATIONS

- Add zipper instead of pullover style
- Use oversized fit for streetwear look
- Add inner lining for warmth
- Add embroidery on pocket