

Quilt With Sunflower Fabric Scraps Pattern

Skill Level

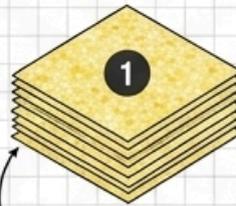
Beginner to Intermediate (accurate cutting + consistent seams required)

QUILT WITH SUNFLOWER FABRIC SCRAPS PATTERN & INSTRUCTIONS

(Measurements in cm)

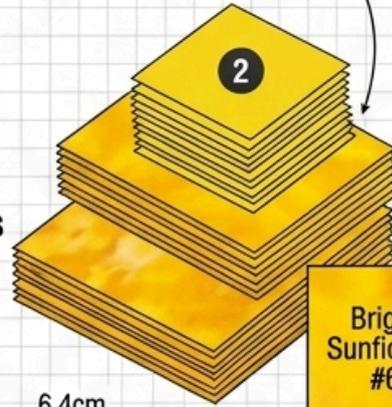


1. LIGHT YELLOW BLOCKS
(Various Prints)
Cut X Blocks, e.g.,
6.4cm x 6.4cm



2. LIGHT YELLOW BLOCKS
(Various Prints)
Cut X Blocks, e.g.,
6.4cm x 6.4cm

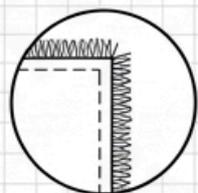
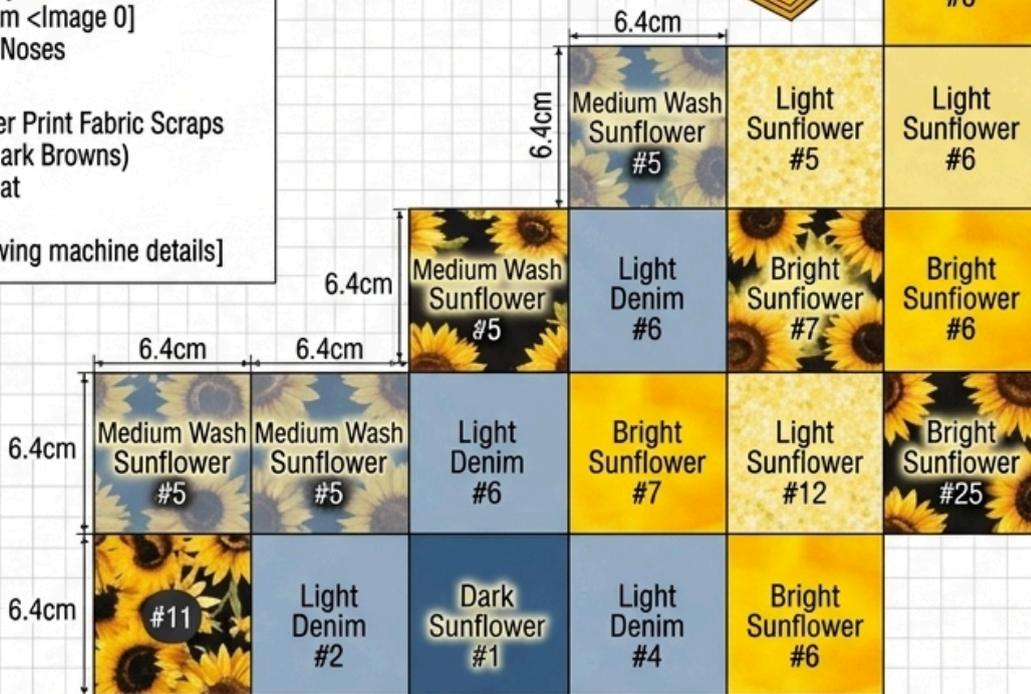
2. BRIGHT YELLOW BLOCKS
(Various Prints)
Cut Y Blocks, e.g.,
6.4cm x 6.4cm



3. DARK SUNFLOWER BLOCKS
(High Contrast)
Cut Z Blocks, e.g.,
6.4cm x 6.4cm



3. DARK SUNFLOWER BLOCKS (High Contrast)
Cut Z Blocks, e.g.,
6.4cm x 6.4cm



STITCH DETAIL



QUILTING DETAIL

MATERIALS NEEDED:

- Assorted Blue Denim Scraps
- White & Brown Frayed Threads for Muzzle
- [specific items from <Image 0>]
- Black 2.cm Buttet Noses

[NEW ITEMS]:

- Assorted Sunflower Print Fabric Scraps (Yellows, Golds, Dark Browns)
- Rotary Cutter & Mat
- White Thread
- [other specific sewing machine details]

MATERIALS NEEDED

- Assorted Blue Denim Scraps, White & Brown Frayed Threads for Muzzle,
- [specific items from <Image 0>]
- [NEW ITEMS]: Assorted Sunflower Print Fabric Scraps (Yellows, Golds, Dark Browns).
- Rotary Cutter & Mat, White Thread,
- [other specific sewing machine details]

SEWING TIPS

- Use 0.6cm Seam Allowance
- Raw Edge Applique Style - Frayed edges are intended for look and texture.
- Stitch close to patch edges to secure firmly.
- Press seams to one side for nested join.
- Reinforce final corner attachments with backstitching.

Finished Size (Customizable)

Base example (as shown layout):

- Approx. **80 cm x 80 cm**
- Block finished size: **5.4 cm**
- Block cut size (with seam allowance): **6.4 cm**

You can scale the quilt by adding more rows diagonally.

MATERIALS (DETAILED)

Fabrics

- **Light Yellow Prints** (low contrast, soft tones)
- **Bright Yellow Prints** (vivid sunflower tones)
- **Dark Sunflower Prints** (black/dark brown backgrounds)
- Optional:
 - Light denim
 - Medium wash sunflower prints

Quantities (approx. for small quilt)

- 60–100 squares total (varied mix)

Other Supplies

- Cotton batting (same size as quilt top)
- Backing fabric (+5 cm extra on all sides)
- White or cream thread
- Rotary cutter + mat

- Quilting ruler
- Pins/clips
- Iron
- Sewing machine

CUTTING INSTRUCTIONS

Cut **ALL** squares:

- **6.4 cm x 6.4 cm**

This includes seam allowance.

Color Distribution Guide (important)

- 30% Light Yellow
- 30% Bright Yellow
- 25% Dark Sunflower
- 15% Accent (denim or mixed prints)

This balance keeps contrast visually appealing.

LAYOUT – STEP-BY-STEP (DIAGONAL DESIGN)

This quilt uses a **stair-step diagonal layout**.

Step 1: Build a Corner Base

Start with a 2x2 block:

- Top: Light → Bright

- Bottom: Medium → Light

Step 2: Expand Diagonally

Add rows like stairs:

Row 1: 2 blocks

Row 2: 3 blocks

Row 3: 4 blocks

Row 4: 5 blocks

Continue until desired size

Step 3: Color Placement Logic

Follow this pattern:

- Diagonal line = SAME tone family
- Alternate diagonals:
 - Light → Bright → Dark

Example:

Diagonal 1: Light yellow

Diagonal 2: Bright yellow

Diagonal 3: Dark sunflower

Diagonal 4: Mixed/denim

Step 4: Balance Rule

- Never place too many dark blocks together
- Spread bold prints evenly
- Use denim to “rest the eye”

SEWING INSTRUCTIONS (VERY DETAILED)

Step 1: Prepare Pieces

- Lay all squares on a table
- Take a photo before sewing (helps keep layout)

Step 2: Sew Blocks into Rows

1. Place squares **right sides together**
2. Sew using **0.6 cm seam allowance**
3. Chain piece to save time:
 - Feed multiple pairs without cutting thread

Step 3: Press Seams

VERY IMPORTANT:

- Row 1 → press seams RIGHT
- Row 2 → press seams LEFT
- Alternate each row

This helps seams nest perfectly.

Step 4: Join Rows

1. Match seam intersections carefully
2. Pin at each joint
3. Sew slowly across

Step 5: Final Press

- Press entire quilt top flat

- Do NOT stretch fabric

QUILT SANDWICH (LAYERING)

1. Backing fabric (wrong side up)
2. Batting (centered)
3. Quilt top (right side up)

Basting Options

- Safety pins (recommended)
- Spray baste
- Hand baste

QUILTING (STITCHING THE LAYERS)

Option 1: Stitch in the Ditch (Beginner)

- Sew directly along seams

Option 2: Grid Quilting

- Sew straight lines across entire quilt

Option 3: Free Motion (Advanced)

- Swirls or floral patterns

STITCH DETAIL

- Stitch 3–4 mm length

- Reinforce corners
- Keep lines straight for clean look

BINDING (EDGE FINISH)

Step 1: Cut Binding Strips

- Width: 5–6 cm
- Join strips into one long piece

Step 2: Attach Binding

1. Sew binding to front edge
2. Fold over to back
3. Hand stitch or machine stitch

FINAL FINISHING

- Trim excess batting/backing
- Press lightly
- Square edges

PROFESSIONAL TIPS

- Accuracy matters: even 1 mm error adds up
- Always test seam allowance first
- Use high-contrast fabrics for visual depth
- Keep blocks perfectly square

COMMON MISTAKES (AVOID)

- Uneven seam allowance
- Not pressing seams
- Poor color distribution
- Skipping layout planning

OPTIONAL UPGRADES

- Add border (5–10 cm wide)
- Add label on back
- Use decorative quilting thread
- Add sunflower embroidery

QUICK WORKFLOW SUMMARY

1. Cut squares (6.4 cm)
2. Arrange diagonally
3. Sew rows
4. Join rows
5. Press
6. Quilt layers
7. Bind edges