



Scrap-Fabric Appliqué Cow — Complete Step-by-Step Tutorial

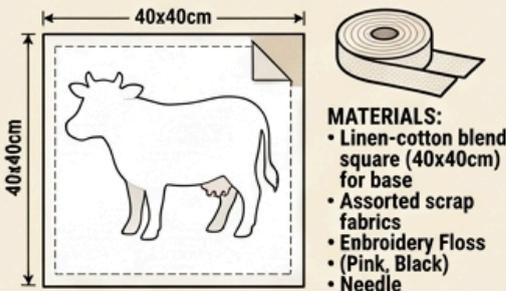
This detailed guide walks you through creating a charming scrap-fabric appliqué cow from start to finish. It's beginner-friendly and uses simple sewing techniques, making it perfect for crafters of all skill levels.

GUIDE TO CREATING THE SCRAP-FABRIC APPLIQUÉ COW

METHOD LEGEND:

- (A) **APPLIQUÉ:** Hand or machine stitch over the edges of a fabric shape - onto a base fabric.
- (P) **PIECING:** Stitching fabric shapes together along their edges to form a larger pattern.
- (Q) **QUILTING:** Stitching together the layers of a quilt sandwich (top, batting, backing).

1. PREPARE MATERIALS & PATTERN



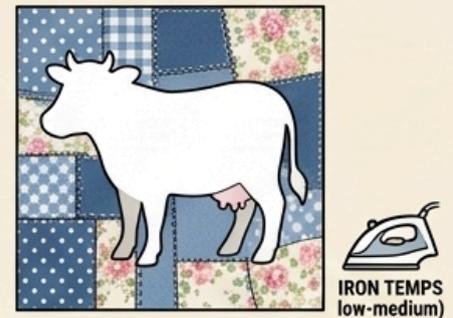
- MATERIALS:** [Measurements in CM]
- Assorted scrap fabrics (see step 2)
 - Fusible Webbing (40x40cm)
 - Embroidery Floss (Pink, Black)
 - Sewing Thread (Matching)

2. CREATE SCRAP PIECING (P)



- A. Collect blue, polka dot, and floral fabrics.
B. Piece together various small, irregular shapes (from 2cm x 2cm to 8cm x 5cm) to create a larger patch (approx 30x25cm).

3. TRACE & APPLY WEBBING

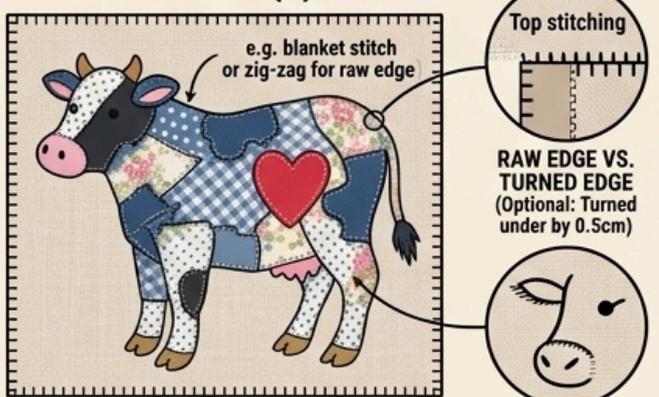


- A. Place the scrap patch over the fusible webbing.
B. Trace the cow outline onto the webbing.
C. Fuse webbing to scrap fabric back with an iron (following manufacturer's instructions).

4. CUT & ASSEMBLE COW PARTS



5. APPLIQUÉ THE COW (A)



- A. Arrange all pieces on the center of the base linen.
B. Fuse parts to base.
C. Hand blanket stitch or machine zig-zag stitch all edges for a rustic look.

6. FINISH & EMBELLISH



6. Add tail, hand-stitch hooves, add button eye (optional: 5mm button).
Optional: Create a 'QUILT SANDWICH' with batting (38x38cm) and backing fabric (38x38cm) and machine-quilt around the cow. Edge finish (e.g. binding, not implied). Your finished cow is ready to frame or turn into a cushion.



Step 1: Prepare Materials & Pattern

Start by gathering everything you'll need and preparing your base.

Materials:

- 1 linen-cotton blend square (40 × 40 cm / ~16 × 16 inches) for the base
- Assorted scrap fabrics (for patchwork cow body)
- Fusible webbing (same size as base)
- Embroidery floss (pink and black)
- Sewing thread (matching colors)
- Hand sewing needle or sewing machine
- Fabric scissors
- Iron (low–medium heat)

Pattern Setup:

- Prepare or print a cow silhouette that fits within a 30 × 20 cm (~12 × 8 inches) area.
- Center the design on your base fabric, leaving a margin around the edges.



Tip: Lightly sketch the outline or use a printed template under the fabric to guide placement later.



Step 2: Create Scrap Piecing (Patchwork Fabric)

This is where your cow gets its unique look!

Instructions:

- Choose a mix of blue, polka dot, and floral fabrics (or any theme you like).
- Cut small, irregular pieces ranging from:
 - 2 × 2 cm (~¾ × ¾ inch)
 - up to 8 × 5 cm (~3 × 2 inches)
- Arrange them randomly to form a patchwork layout.
- Sew pieces together edge-to-edge using a 0.5 cm (~¼ inch) seam allowance.

Goal:

- Create a larger patchwork fabric piece about 30 × 25 cm (~12 × 10 inches).



Tip: Press seams flat as you go for a smoother finish.



Step 3: Trace & Apply Fusible Webbing

Now you'll transfer your cow shape onto the patchwork fabric.

Instructions:

- Place fusible webbing over your cow template.
- Trace the cow outline onto the webbing.
- Cut out the shape roughly (leave a small margin).
- Iron the webbing onto the back of your patchwork fabric (follow manufacturer instructions).
- Once fused, cut precisely along the traced cow outline.

🔥 Iron Setting: Low to medium heat, no steam unless specified.

Step 4: Cut & Assemble Cow Parts

Time to prepare all individual elements of your cow.

Main Body:

- Finished size: ~30 cm (12 in) wide × 20 cm (8 in) tall

Additional Pieces:

- Head: ~8 cm (3 in)
- Udder: ~2.5 cm (1 in), pink fabric
- Horns: ~2 cm (¾ in), light brown fabric
- Heart: ~5 cm (2 in), red fabric
- Ears: one blue piece (to match body), one pink inner ear
- Face: black and white fabric sections

Instructions:

- Cut each piece carefully using templates.
- Arrange all parts to form the full cow before attaching.

💡 Tip: Take a photo of your layout before fusing—it helps if anything shifts.

Step 5: Appliqué the Cow

Now you'll attach everything to the base fabric.

Instructions:

- Place all pieces centered on the base fabric.
- Fuse them in place using your iron.
- Stitch around each piece using one of these methods:
 - Blanket stitch (by hand)
 - Zig-zag stitch (machine)
 - Straight stitch for a clean look

Edge Options:

- Raw edge: leave as-is for a rustic look
- Turned edge: fold under ~0.5 cm (¼ inch) before stitching

Details:

- Use black embroidery floss to stitch facial features (eyes, nose, mouth)
- A simple satin stitch works well

💡 Tip: Go slowly around curves for a neat finish.

Step 6: Finish & Embellish

Bring your cow to life with final touches!

Add Details:

- Stitch the red heart onto the body using pink thread
- Add a tail using braided thread or twine (~5 cm / 2 inches)
- Top-stitch hooves for definition
- Hand-stitch the udder and horns securely

Optional Add-ons:

- Sew on a small button (5 mm) for the eye
- Add quilting:
 - Create a “quilt sandwich”:
 - Top (your appliqué)
 - Batting (38 × 38 cm / ~15 × 15 inches)
 - Backing fabric (same size)
 - Quilt around the cow shape using a sewing machine

Final Touches:

- Trim edges
- Frame your piece OR turn it into a cushion cover

🎉 Your scrap-fabric appliqué cow is complete!

Helpful Tips for Success

- Pre-wash fabrics to prevent shrinking
- Use contrasting thread for decorative stitching
- Practice stitches on scrap fabric first
- Keep your iron clean when working with fusible webbing