

BREAKFAST-THEMED CROCHET SCARVES

Pop-Tart Scarf & Bacon & Eggs Scarf (US Terms)

BREAKFAST-THEMED CROCHET SCARFS PATTERN & INSTRUCTIONS

(Measurements in cm) US Terms

∞ Chain ↗ Single Crochet

Pop-Tart Main Body Panel:
(White Yarn)
Ch 20. 21 sc for 18 rows.

TAN Border: 1 rnd hdc around, with 3 hdc in each corner.

Bite Detail magnified inset:
Rnd 13: sc to bite location, [sl st in next sc, ch 2, dc in next st, hdc in next st, sc in next st, sl st in next sc] – bite form complete.
Rnd 14: TAN border hdc around, skipping 1 st at bite indent.

POP-TART PATTERN
Bite Detail

Make 1.2cm x 2cm
3.5cm x 1.2

Make to look like Applique (Tan/White/Yarn) x 1

BITE DETAIL CONSTRUCTION

Red Felt Lining Placement
Loose Bite Attachment (Felted/Sewn)

Large Pop-Tart
(Tan/White Yarn)
14.5cm x 10.1cm
Red Bite Detail
(Red Yarn/Felt) 3.5cm x 2.8cm
Loose Bite Applique
(Tan/White/Red Yarn) x 1

DOT APPLIQUE PATTERN
Assorted Yarn Colors
qty. 12+

Striped Main Panel:
(RED/White Yarn, 2 rows each)
Ch 16.
Row 1: 17 sc in RED.
Row 2: 17 sc in RED.
Rows 3-4 in WHITE.
Rows 5-6 in RED.
Rows 7-8 in WHITE.
Row 9 in RED.
1 hdc around in RED. attach Eggs at designated spots.

EGG ASSEMBLY

Yolk (Yellow Yarn) 2.2cm diam
White (White Yarn) 4.1cm diam
Join & attach to Bacon Strip

EGG PATTERN

Yolk
Rnd 1: MR, 6 sc (6).
Rnd 2: 6 inc sc (12).
Rnd 3: (sc, inc sc) x 6 (18).
Rnd 4: (2 sc, inc sc) x 6 (24).
Fasten off.

White
Rnd 1: MR, 8 hdc (8).
Rnd 2: 8 inc hdc (16).
Rnd 3: (hdc, inc hdc) x 8 (24).
Rnd 4: (2 hdc, inc hdc) x 8 (32).
Rnd 5: sc all around (32).
Fasten off.

BACON STRIP PATTERN
Rounds of 2nn

Rounds

Rnd 1: 17 sc x sc, 8 hdc (32).

MATERIALS NEEDED

- Cream/Aran Weight Cotton Yarn (for Pop-Tarts, Bacon White, Egg Yolk & White)
- Size E/4 (3.5mm) for main body panels;
Size G/6 (4.0mm) for borders
- Tapestry Needle
- [Insert other standard items like scissors, yarn bobbins]

CROCHET TIPS

- Use correct hook sizes (as specified) to achieve firm, consistent fabric for Pop-Tarts.
- For Pop-Tart bites, follow detailed stitch manipulations in magnified insets.
- For striped bacon, change yarn at Row 2, Row 4, etc. with neat color change technique.
- Add stability with RED Felt to large bite indent.
- Join individual Pop-Tart panels sequentially with strong thread, paying close attention to piece orientation (note bite positions).
- For alternating scarf, space attachments of Bacon strips and Eggs evenly.



MATERIALS (for both scarves)

- Worsted weight (Aran) cotton yarn:
 - Tan (Pop-Tart crust)
 - White (icing & egg whites)
 - Red (bacon & bite detail)
 - Yellow (egg yolk)
 - Assorted colors (sprinkles/dots)
- Crochet hooks:
 - Size E/4 (3.5 mm) – main panels
 - Size G/6 (4.0 mm) – borders
- Tapestry needle
- Scissors
- Optional: Red felt (for bite detail lining)
- Sewing needle & thread (for assembly)



ABBREVIATIONS (US TERMS)

- ch = chain
- sc = single crochet
- hdc = half double crochet
- sl st = slip stitch
- st(s) = stitch(es)
- rnd = round
- MR = magic ring
- inc = increase (2 stitches in same stitch)



PART 1: POP-TART SCARF

This scarf is made from **multiple rectangular panels**, joined together, with optional bite details and sprinkles.

STEP 1: MAIN POP-TART PANEL (ICING)

Using **white yarn**:

1. Ch 20
2. Row 1: Sc in 2nd ch from hook and across (19 sts)
3. Rows 2–21: Ch 1, turn, sc across (19 sts)

Fasten off.

STEP 2: ADD TAN BORDER (CRUST)

Switch to **tan yarn** and **larger hook (G/6)**:

1. Join yarn in any corner
2. Work 1 rnd of hdc evenly around the panel
3. Place **3 hdc in each corner stitch** to keep edges flat
4. Sl st to join

Fasten off.

STEP 3: OPTIONAL “BITE” DETAIL

This creates the bitten Pop-Tart look.

Bite shaping (worked into the panel):

1. Attach yarn where you want the bite
2. Sc to bite location
3. Work:
 - sl st in next st
 - ch 2
 - dc in next st
 - hdc in next st
 - sc in next st
 - sl st in next st

This creates an indented curve.

Optional enhancement:

- Cut a small piece of **red felt**
- Sew or glue behind bite area for “filling”

STEP 4: SPRINKLES (DOT APPLIQUÉS)

Using assorted yarn colors:

1. Make a small knot or tiny circle:
 - MR, 5 sc inside
 - Sl st, fasten off
2. Sew randomly onto icing panel

Make **12+ dots per panel**.

STEP 5: MAKE MULTIPLE PANELS

Create **4–5 panels total**, mixing:

- Plain Pop-Tarts
- Sprinkled Pop-Tarts
- Bite-detail Pop-Tarts

STEP 6: JOIN PANELS

1. Arrange panels vertically
2. Sew together using whip stitch or mattress stitch
3. Align edges carefully

STEP 7: FINAL TOUCHES

- Weave in all ends
- Block lightly if needed

✔ Pop-Tart scarf complete!



PART 2: BACON & EGGS SCARF

This scarf is made from:

- One long **bacon strip**
- Multiple **egg appliqués**

STEP 1: BACON STRIP BASE

Using **red yarn**:

1. Ch 16
2. Row 1: Sc in 2nd ch from hook across (15 sts)
3. Row 2: Ch 1, turn, sc across

STEP 2: CREATE STRIPES (COLOR CHANGES)

Alternate **red and white yarn every 2 rows**:

Pattern example:

- Rows 1–2: Red
- Rows 3–4: White
- Rows 5–6: Red
- Rows 7–8: White
- Row 9: Red

Continue lengthwise until scarf reaches desired length.

 Tip: Carry yarn neatly or fasten off each color for clean edges.

STEP 3: SHAPE WAVY BACON EDGES

To create the bacon ripple effect:

- Add increases and decreases along edges:
 - Example: *2 sc in one st, then 1 sc in next*
- Alternate this pattern every few rows

This gives the bacon its signature wavy look.

STEP 4: EGG APPLIQUÉS

YOLK (Yellow yarn)

1. Rnd 1: MR, 6 sc (6)
2. Rnd 2: Inc around (12)
3. Rnd 3: (1 sc, inc) x6 (18)
4. Rnd 4: (2 sc, inc) x6 (24)
Fasten off.

EGG WHITE (White yarn)

1. Rnd 1: MR, 8 hdc (8)
2. Rnd 2: Inc around (16)
3. Rnd 3: (hdc, inc) around (24)
4. Rnd 4: (2 hdc, inc) around (32)
5. Rnd 5: Sc around (32)

Fasten off.

STEP 5: ASSEMBLE EGGS

1. Sew yolk to center of white
2. Make **4–5 eggs total**

STEP 6: ATTACH EGGS TO BACON STRIP

1. Lay eggs along scarf evenly
2. Sew securely using matching yarn

STEP 7: FINAL FINISHING

- Weave in all ends
- Adjust spacing if needed
- Lightly block for shape

Bacon & Eggs scarf complete!



HELPFUL TIPS

- Keep stitches tight for a neat look
- Count stitches at the end of each row
- Use stitch markers for beginners
- Block pieces before assembly for cleaner edges
- Take your time with color changes for best results

If you want, I can also:

- Turn this into a printable PDF pattern
- Add stitch diagrams
- Or simplify it further for absolute beginners