



Tilda®



LAZY DAYS
FOUR BLOCK QUILT
2 colorways



Four Block Quilt (Lilac/teal version)

This pretty quilt uses four blocks, but in different colourways to take advantage of many of the lovely fabrics in the Lazy Days fabric collection. The block is an easy one and creates an eight-point star pattern. The quilt described here uses mainly lilac and teal fabrics. There is also a version of the quilt, made in the same way, that uses predominantly red and blue fabrics. Matching pillow designs are also available.

Materials

- Fabric 1: ½yd (50cm) – Frances lilac (100168)
- Fabric 2: ½yd (50cm) – Medium Dots lilac (130009)
- Fabric 3: ½yd (50cm) – Eleanore teal (100176)
- Fabric 4: ¼yd (25cm) – Mildred green (100179)
- Fabric 5: ⅝yd (60cm) – Tiny Dots light blue (130047)
- Fabric 6: ¼yd (25cm) – Josephine emerald (100167)
- Fabric 7: ¼yd (25cm) – Eleanore lilac (100166)
- Fabric 8: ⅝yd (15cm) – Luna teal sage (150003) – fabric is 108in (274cm) wide (see Fabric Note, below)
- Fabric 9: ⅝yd (60cm) – Tiny Star light blue (130038)
- Fabric 10: ¼yd (25cm) – Trickle lilac (130053)
- Fabric 11: ¼yd (25cm) – Phoebe emerald (100178)
- Fabric 12: ¼yd (25cm) – Josephine teal (100177)
- Fabric 13: ⅝yd (60cm) – Pen Stripe light blue (130032)
- Fabric 14: ¼yd (25cm) – Frances teal (100180)
- Fabric 15: ¼yd (25cm) – Phoebe thistle (100169)
- Fabric 16: ⅝yd (60cm) – Crisscross light blue (130041)
- Fabric 17: ⅝yd (15cm) or 10in (25.4cm) square – Trickle green (130052)
- Fabric 18: ⅝yd (15cm) or 10in (25.4cm) square – Mildred lilac (100171)
- Backing fabric 3½yd (3.2m)
- Wadding (batting) 63in x 77in (160cm x 195.5cm)
- Binding fabric ½yd (50cm) – Dottie Dots light blue (130044)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat

Fabric note: Where a long eighth or long quarter of a yard is given in the Materials list you could use fat eighths and fat quarters instead. A fat eighth is assumed to be approx. 10½in x 18in (26.7cm x 45.7cm) and a fat quarter approx. 21in x 18in (53.3cm x 45.7cm). However, for extra-wide fabric Luna teal sage (150003) use only a long eighth, to avoid wastage.

Finished Size

54in x 68in (137cm x 173cm)

Notes

- Fabric quantities given are based on a usable width of 42in (107cm), except for Luna teal sage (150003), which is 108in (274cm) wide.

- Measurements are in imperial inches with metric conversions in brackets – use only one system throughout (preferably imperial).
- Press all fabrics before use.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.

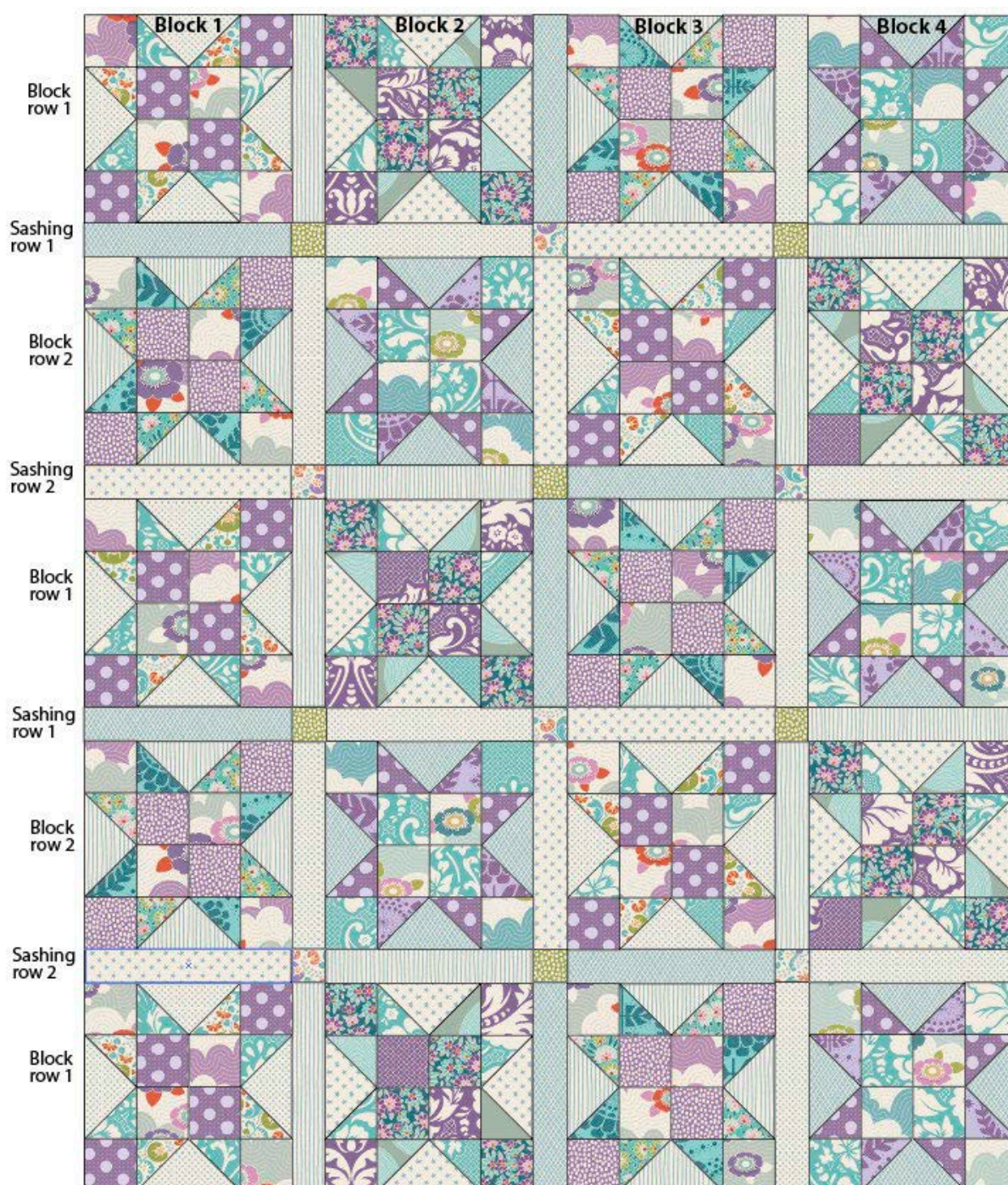
Preparation and Cutting Out

1 This quilt is made up of a single block layout in four different colour combinations, called Block 1, Block 2, Block 3 and Block 4. There are twenty blocks in total, in a 4 x 5 arrangement, separated by sashing strips and corner posts (corner squares). The fabrics used are shown in **Fig A** and the quilt layout in **Fig B**.

Fig A Fabric swatches (lilac/teal quilt)



Fig B Quilt layout



2 The block layout and the exact measurements for cutting out the pieces are given with **Fig C** (seam allowances are included). The four different colourways are shown in **Fig D**.

3 Cutting for Block 1: For *each* Block 1 cut the following pieces.

- From Fabric 1 cut four $3\frac{1}{2}$ in (9cm) squares (**a**).
- From Fabric 2 cut four $3\frac{1}{2}$ in (9cm) squares (**a**).
- From Fabric 3 cut four $3\frac{1}{2}$ in (9cm) squares (**b**), for flying geese units.
- From Fabric 4 cut four $3\frac{1}{2}$ in (9cm) squares (**b**), for flying geese units.
- From Fabric 5 cut four $6\frac{1}{2}$ in x $3\frac{1}{2}$ in (16.5cm x 9cm) rectangles (**c**), for flying geese units.

4 Cutting for Block 2: Cut as Block 1 but use Fabrics 6, 7, 3, 8 and 9 (see **Fig D**).

5 Cutting for Block 3: Cut as Block 1 but use Fabrics 1, 10, 11, 12 and 13 (see **Fig D**).

6 Cutting for Block 4: Cut as Block 1 but use Fabrics 14, 3, 2, 15 and 16 (see **Fig D**).

Fig C Block layout and cutting

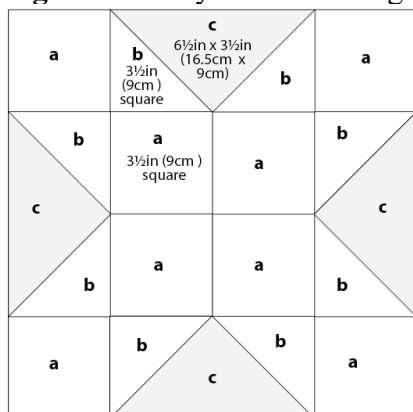


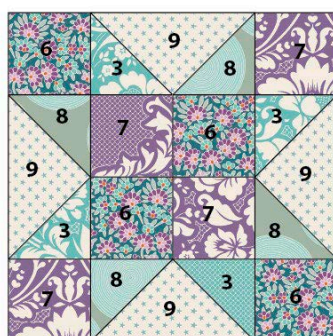
Fig D Block colourways

Numbers indicate fabrics – make 5 of each block

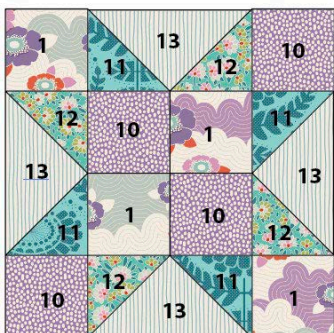
Block 1



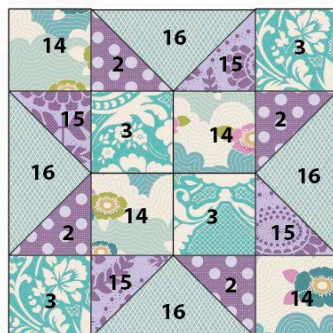
Block 2



Block 3



Block 4



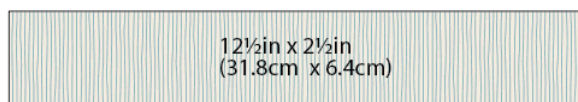
7 Cutting the sashing: Cut the following pieces for the sashing (see **Fig E**).

- For Sashing 1, from Fabric 13 cut nine 12½in x 2½in (31.8cm x 6.4cm) strips.
- For Sashing 2, from Fabric 16 cut seven 12½in x 2½in (31.8cm x 6.4cm) strips.
- For Sashing 3, from Fabric 5 cut nine 12½in x 2½in (31.8cm x 6.4cm) strips.

- For Sashing 4, from Fabric 9 cut six 12½in x 2½in (31.8cm x 6.4cm) strips.
- For Corner Post 1, from Fabric 17 cut six 2½in (6.4cm) squares.
- For Corner Post 2, from Fabric 18 cut six 2½in (6.4cm) squares.

Fig E Sashing cutting and fabrics used

Sashing 1 – From Fabric 13 cut nine



Sashing 2 – From Fabric 16 cut seven



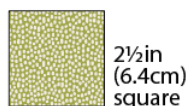
Sashing 3 – From Fabric 5 cut nine



Sashing 4 – From Fabric 9 cut six



Corner Post 1
From Fabric 17 cut six



Corner Post 2
From Fabric 18 cut six



8 Cut the backing fabric in half across the width. Sew the pieces together along the long side. Press the seam open and trim to a piece about 63in x 77in (160cm x 195.5cm).

9 From the binding fabric cut seven strips 2½in (6.4cm) x width of fabric. Sew together end to end and press the seams open. Press in half along the length, wrong sides together.

Making Block 1

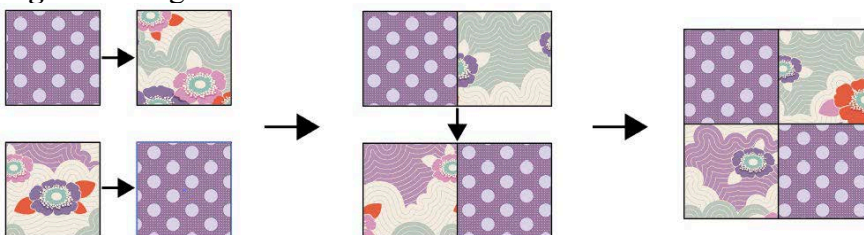
10 All of the blocks are made in the same way. Detailed instructions are given for Block 1. Start by making a flying geese unit, as follows. Take one square of Fabric 3, one square of Fabric 4 and one rectangle of Fabric 5. On the wrong side of the two squares, draw a diagonal line with a pencil. Place a small square right sides together with the rectangle, aligning the corners as shown in **Fig F**, and with the marked line as shown. Pin together if needed. Sew along the line. Trim excess fabric ¼in away from the stitching line and press the triangle into place. Sew the second square to the rectangle in the same way on the opposite side and press. Repeat this process to make four flying geese units in total for one Block 1.

Fig F Making a flying geese unit



11 Now make the four-patch unit for the centre of the block. Take two squares of Fabric 1 and two squares of Fabric 2 and arrange them as shown in **Fig G**. Sew them together in pairs and press. Sew the two pairs together and press.

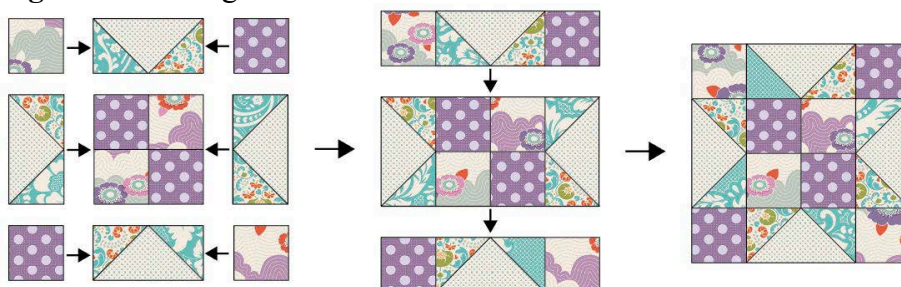
Fig G Making the block centre



12 Take the nine units for Block 1 and lay them out as **Fig H**, making sure you place the corner squares in the correct positions and have the flying geese units with the points facing inwards. Sew the units together in three rows, pressing the seams of the top and bottom rows in the opposite direction to the middle row. Now sew the rows together, aligning seams neatly, and press. Check the block is 12½in (31.8cm) square at this stage. Repeat this process to make a total of five of Block 1.

13 Repeat the block-making process but changing fabrics as shown in **Fig D**, to make five each of Block 2, Block 3 and Block 4.

Fig H Assembling a block



Assembling the Quilt

14 The quilt is made up of two block rows and two sashing rows, and these rows are repeated down the length of the quilt, finishing with block row 1. Begin sewing the quilt together by carefully laying out these rows as shown in **Fig I**.

For block row 1, arrange Blocks 1, 2, 3 and 4 with sashing strips 1, 2 and 3 between the blocks. Sew the row together and press.

For sashing row 1, arrange sashing strips 2, 3, 4 and 1, with corner post squares 1, 2 and 1 between the strips, as shown. Sew the row together and press the seams in the opposite direction to block row 1.

15 Repeat this process to sew block row 2 and sashing row 2, following the positions of the units as shown in **Fig I**.

Now sew these four rows together as in **Fig J**, taking care to align seams neatly. Continue like this to assemble the rest of the quilt, as in **Fig B**.

Fig I Assembling the quilt rows

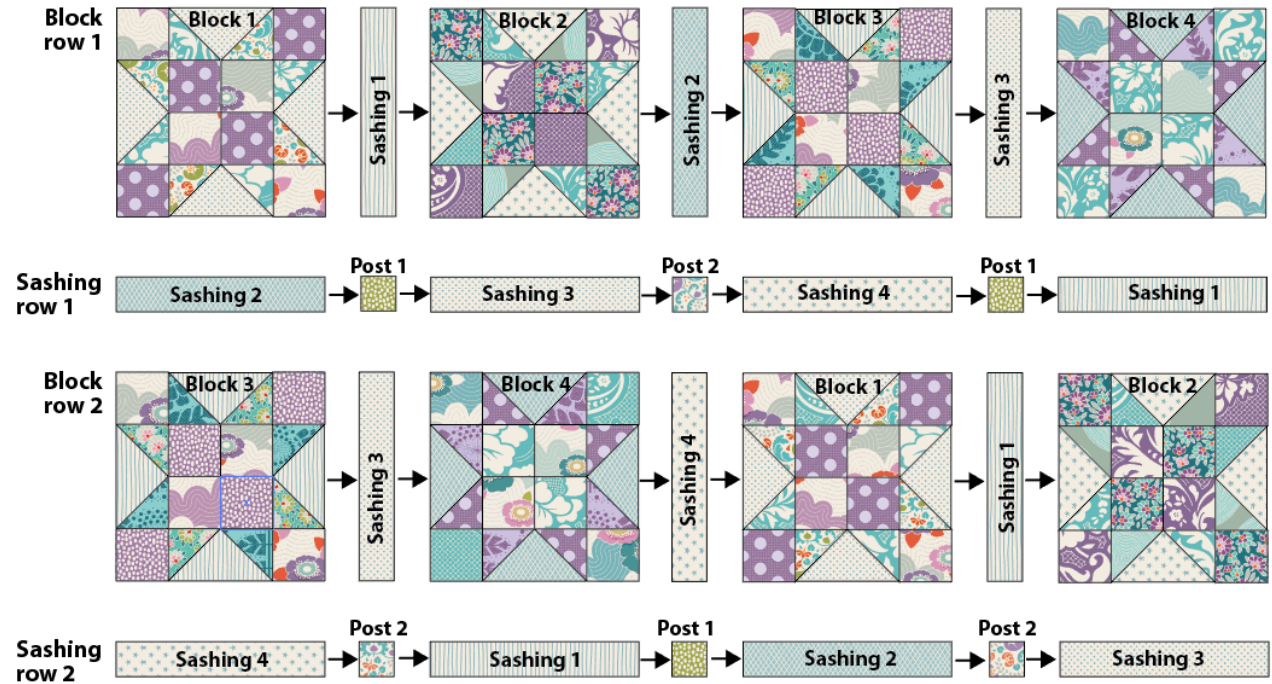
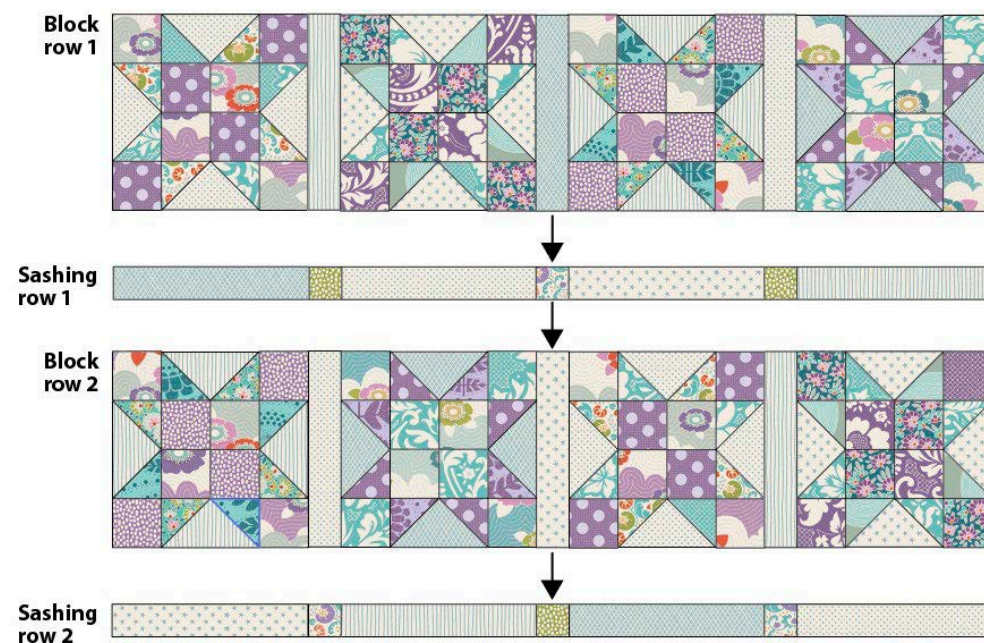


Fig J Joining the rows



Quilting and Finishing

16 If you are quilting the quilt yourself you now need to make a quilt sandwich – you can do this in various ways, as follows.

- Use large stitches to tack a grid through the layers of the quilt in both directions, with lines about 4in (10cm) apart.
- Use pins or safety pins to fix the layers together.
- Use fabric glue, sprayed onto the wadding to fix the layers together.

If you are sending the quilt off to be commercially long-arm quilted you won't need to make a sandwich, as this is done when the quilt is mounted on the machine. When the layers of the quilt are secured you can quilt as desired.

17 Use the prepared double-fold binding strip to bind your quilt. Sew the binding to the quilt by pinning the raw edge of the folded binding against the raw edge of the quilt. Don't start at a corner. Using a ¼in (6mm) seam, sew the binding in place, starting at least 6in (15.2cm) away from the end of the binding. Sew to within a ¼in (6mm) of a corner and stop. Take the quilt off the machine and fold the binding upwards, creating a mitred corner. Hold this in place, fold the binding back down and pin it in place. Begin sewing the ¼in (6mm) seam again from the top of the folded binding to within ¼in (6mm) of the next corner and then repeat the folding process. Do this on all corners. Leave a 6in (15.2cm) 'tail' of unsewn binding at the end.

18 To join the two ends of the binding, open up the beginning and end of the binding tails, lay them flat and fold the ends back so the two ends touch. Mark these folds by creasing or with pins – this is where your seam needs to be. Open out the binding and sew the pieces together at these creases. Trim off excess fabric and press the seam. Re-fold the binding and finish stitching it in place on the front of the quilt.

19 With the quilt right side up, use a medium-hot iron to press the binding outwards all round. Now begin to turn the binding over to the back of the quilt, pinning it in place. Use matching sewing thread and tiny stitches to slipstitch the binding in place all round, creating neat mitres at each corner. Press the binding and your pretty quilt is finished.

Four Block Quilt

(Red/blue version)

This stylish quilt uses four blocks and is made in the same way as the lilac/teal quilt, but features mainly red and blue fabrics. This version uses one extra fabric compared to the lilac/teal version (Fabric 19). A matching pillow design is also available.

Materials

- Fabric 1: ½yd (50cm) – Frances blue (100171)
- Fabric 2: ½yd (50cm) – Medium Dots night blue (130026)
- Fabric 3: ½yd (50cm) – Phoebe ginger (100162)
- Fabric 4: ¼yd (25cm) – Crisscross pink (130040)
- Fabric 5: ⅝yd (60cm) – Tiny Dots grey (130043)
- Fabric 6: ¼yd (25cm) – Josephine blue (100174)
- Fabric 7: ¼yd (25cm) – Phoebe blue (100175)
- Fabric 8: ⅛yd (15cm) – Trickles coral (130049)
- Fabric 9: ⅝yd (60cm) – Tiny Star grey (130039)
- Fabric 10: ¼yd (25cm) – Trickles blue (130051)
- Fabric 11: ¼yd (25cm) – Medium Dots salmon (130028)
- Fabric 12: ¼yd (25cm) – Dottie Dots pink (130043)
- Fabric 13: ⅝yd (60cm) – Pen Stripe grey (130033)
- Fabric 14: ¼yd (25cm) – Frances pink (100165)
- Fabric 15: ¼yd (25cm) – Eleanore blue (100172)
- Fabric 16: ⅝yd (60cm) – Crisscross grey (130042)
- Fabric 17: ⅛yd (15cm) or 10in (25.4cm) square – Josephine sand (100161)
- Fabric 18: ⅛yd (15cm) or 10in (25.4cm) square – Mildred ginger (100163)
- Fabric 19: ¼yd (25cm) – Eleanore coral (100164)
- Backing fabric 3½yd (3.2m)
- Wadding (batting) 63in x 77in (160cm x 195.5cm)
- Binding fabric ½yd (50cm) – Mildred blue (100173)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat

Fabric note: Where a long eighth or long quarter of a yard is given in the Materials list you could use fat eighths and fat quarters instead. A fat eighth is assumed to be approx. 10½in x 18in (26.7cm x 45.7cm) and a fat quarter approx. 21in x 18in (53.3cm x 45.7cm).

Finished Size

54in x 68in (137cm x 173cm)

Notes

- Fabric quantities given are based on a usable width of 42in (107cm).
- Measurements are in imperial inches with metric conversions in brackets – use only one system throughout (preferably imperial).
- Press all fabrics before use.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.

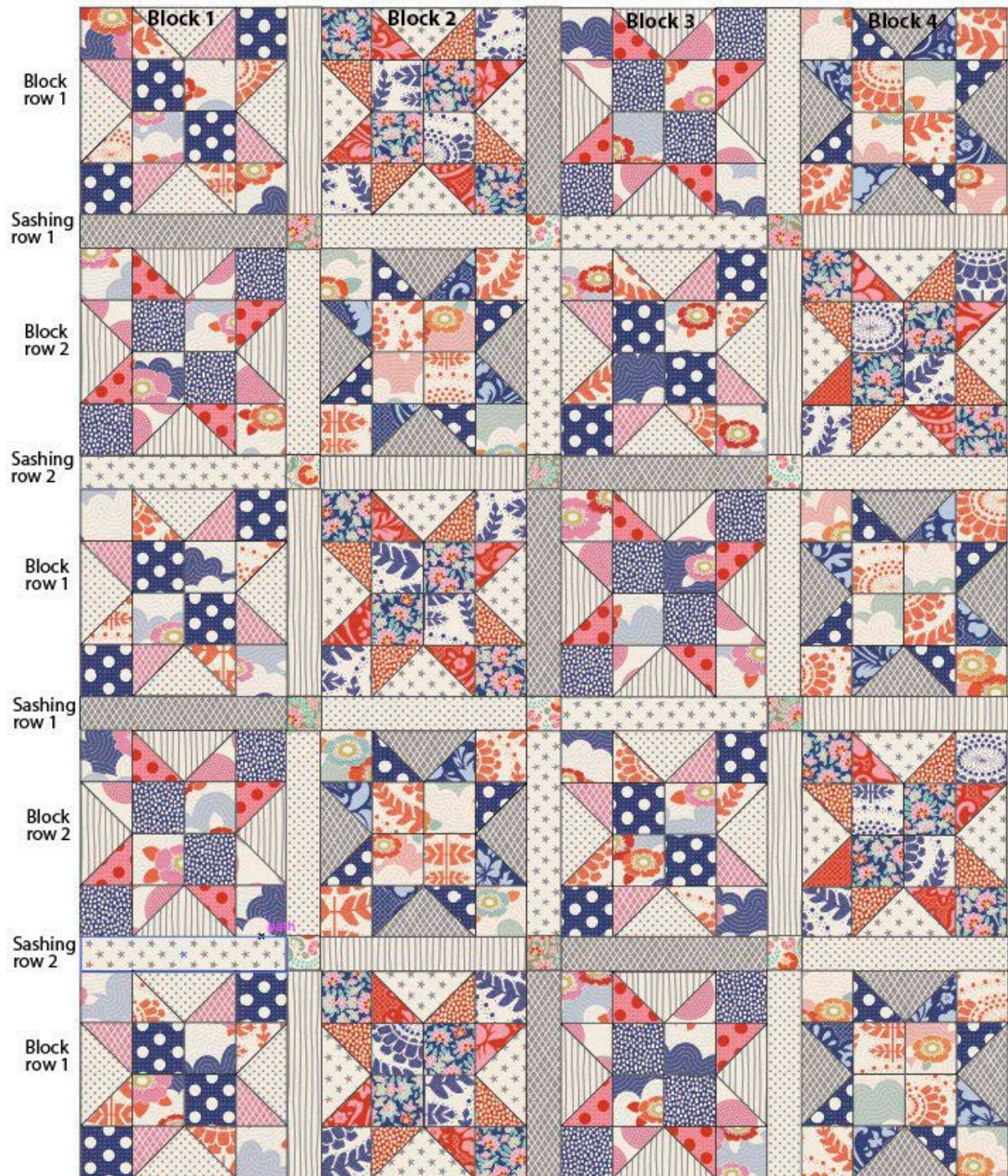
Preparation and Cutting Out

1 This quilt is made up of a single block layout in four different colour combinations, called Block 1, Block 2, Block 3 and Block 4. There are twenty blocks in total, in a 4 x 5 arrangement, separated by sashing strips and corner posts (corner squares). The fabrics used are shown in **Fig A** here and the quilt layout in **Fig B**.

Fig A Fabric swatches (red/blue quilt)



Fig B Quilt layout



2 The block layout and the exact measurements for cutting out the pieces are given with **Fig C** here (they include seam allowances). The four different colourways are shown in **Fig D** here. Note that this quilt differs from the lilac/teal version of the quilt, in that Block 2 uses an extra fabric – Fabric 19 (instead of Fabric 3).

3 Cutting for Block 1: For *each* block cut the following pieces.

- From Fabric 1 cut four 3½in (9cm) squares (a).
- From Fabric 2 cut four 3½in (9cm) squares (a).

- From Fabric 3 cut four 3½in (9cm) squares (**b**), for flying geese units.
- From Fabric 4 cut four 3½in (9cm) squares (**b**), for flying geese units.
- From Fabric 5 cut four 6½in x 3½in (16.5cm x 9cm) rectangles (**c**), for flying geese units.

4 Cutting for Block 2: Cut as Block 1 but use Fabrics 6, 7, 19, 8 and 9 (see **Fig D**).

5 Cutting for Block 3: Cut as Block 1 but use Fabrics 1, 10, 11, 12 and 13 (see **Fig D**).

6 Cutting for Block 4: Cut as Block 1 but use Fabrics 14, 3, 2, 15 and 16 (see **Fig D**).

Fig C Block layout and cutting

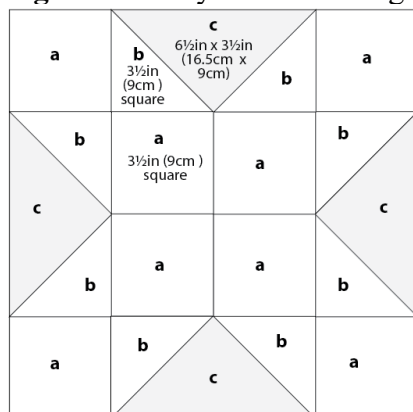
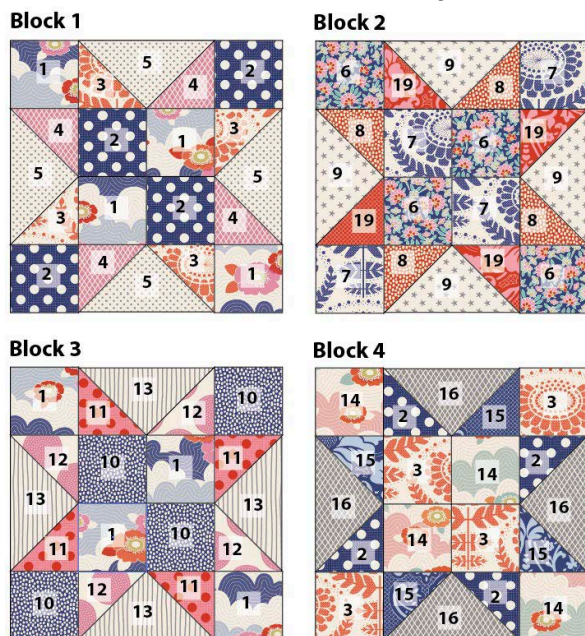


Fig D Block colourways

Numbers indicate fabrics – make 5 of each block



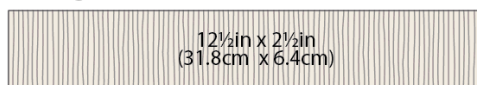
7 Cutting the sashing: Cut the following pieces for the sashing (see **Fig E** here).

- For Sashing 1, from Fabric 13 cut nine 12½in x 2½in (31.8cm x 6.4cm) strips.
- For Sashing 2, from Fabric 16 cut seven 12½in x 2½in (31.8cm x 6.4cm) strips.
- For Sashing 3, from Fabric 5 cut nine 12½in x 2½in (31.8cm x 6.4cm) strips.
- For Sashing 4, from Fabric 9 cut six 12½in x 2½in (31.8cm x 6.4cm) strips.
- For Corner Post 1, from Fabric 17 cut six 2½in (6.4cm) squares.

- For Corner Post 2, from Fabric 18 cut six 2½in (6.4cm) squares.

Fig E Sashing cutting and fabrics used

Sashing 1 – From Fabric 13 cut nine



Sashing 2 – From Fabric 16 cut seven



Sashing 3 – From Fabric 5 cut nine



Sashing 4 – From Fabric 9 cut six



Corner Post 1
From Fabric 17 cut six



Corner Post 2
From Fabric 18 cut six



8 Cut the backing fabric in half across the width. Sew the pieces together along the long side. Press the seam open and trim to a piece about 63in x 77in (160cm x 195.5cm).

9 From the binding fabric cut seven strips 2½in (6.4cm) x width of fabric. Sew together end to end and press the seams open. Press in half along the length, wrong sides together.

Making the Blocks

10 All of the blocks are made in the same way. Follow Steps 10 to 13 of the lilac/teal version of the quilt, changing the fabrics as needed to suit this red/blue version.

Assembling and Finishing

11 To assemble the quilt, follow Steps 14 and 15 of the lilac/teal quilt. To finish the quilt, follow Steps 16 to 19 of the lilac/teal quilt.